

**LUNCH MENU**  
From April 2010

		<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Week 1</b>		Pork Meatballs Rice Sweetcorn Green Beans	Salmon Fish Cakes Coleslaw Baked Beans Chips	Pasta Bolognaise Peas Cauliflower Pitta bread	Chicken Pie Creamed potatoes Country Vegetables	Beef burger in a Roll Mixed Salad Spaghetti Hoops
		Apple Sponge with custard	Fruit Muffin	Apple and Raspberry Slice with Cream	Fruit Jelly	Fruit Salad with yoghurt
<b>Week 2</b>		Tuna Pasta Bake Peas Baton Carrots	Savoury Mince Yorkshire Pudding Creamed Potato Mixed vegetables	Cheese and Tomato Pizza Baked Beans/Coleslaw Chips	Beef Lasagne Salad Sweet corn Crusty bread	Chicken Tikka Peas Steamed Rice Pitta Bread
		Chocolate sponge with Custard	Fruit Mousse	Fruit Salad with Yoghurt	Chocolate or Vanilla Ice cream	Oat and Raisin Cookie
<b>Week 3</b>		Fish fingers Chips Garden Peas Coleslaw	Chilli Con Carne Rice Broccoli Sweet corn	Roast Turkey Stuffing Carrots / Brussels Roast potatoes	Steak Mince Pie Steamed New Potato Mixed Vegetables	Cowboy casserole Pasta Sweet corn Peas
		Apple & Oat Crumble with custard	Banana Sponge	Chocolate Cracknel	Fruit Salad with Fudge Yoghurt	Apple and Raspberry Sponge with Cream
<b>Vegetarian</b>	<b>Week 1</b>	Vegetable meatballs	Vegetable Burger	Vegemince Bolognaise	Vegetable Pie	Quorn Burger
	<b>Week 2</b>	Vegetable Bake	Savoury Quorn	Pizza	Quorn Lasagne	Vegetable Savoury Rice
	<b>Week 3</b>	Vegetable Grill	Vegetable Chilli	Vegetable Slice	Quorn Casserole	Cowboy Casserole

As an alternative to dessert fresh fruit, dried fruit bags and yoghurt available daily

Menu subject to change